

Continuum Statements for Camp Staff Discernment

Instructions for the leader/trainer: Invite camp staff to imagine a line going from one side of the room to the other. Read each statement and have the staff ponder it briefly and then place themselves on the imaginary line—for example, going all the way to the west if they fully agree and all the way to the east if they disagree. They can position themselves at any place along the line to show the degree to which they disagree or agree with the statement. After the exercise, debrief with questions and reflections.

Note: Use this as an introductory exercise, before boundaries training.

- A 150-pound camper has just as much power as I do.
- It is ok to go for a walk along the river with one camper.
- Hugs, back rubs, and hand-holding are all safe activities at camp.
- It is sometimes ok to “gently” tease campers about their bodies.
- It is ok for a camper to see me naked.
- Slapping campers on the butt to make them hurry is ok.
- A camper that hangs on the counselor all the time is simply insecure or needy, so I will allow it.
- When I hug campers, I know that they receive this as a caring gesture.
- When I am tired or hungry, I am still in total control of my emotions and actions.
- I plan to stay connected to campers after they leave for home through social media.



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