

Continuum statements for Camp Staff discernment

Instructions:

Invite staff to imagine a line going from one side of the room to the other. For this exercise, I will read a statement. Ponder it briefly, then place yourself on this imaginary line....Go all the way to the west if you agree, go all the way to the east if you disagree, place yourself at any place along the line to show the degree to which you disagree or agree with the statement.

After exercise – ask a series of reflection / debriefing questions.

Note: Use this as an introductory exercise, before boundaries training.

A 170 pound camper has just as much power as I do.

It's ok to go for a walk along the river with one camper.

Hugs, backrubs and hand-holding are all safe activities at camp.

I think its ok to “gently” tease campers about their bodies.

It's ok for a camper to see me naked.

Slapping a camper on the butt to make them hurry is ok.

A camper that hangs on the counselor all the time is just simply insecure, so I will let them.

When I hug campers, I know that they receive this as a caring gesture.

When I am tired, I am still in total control of my emotions and actions.

Marlene Bogard, 2005