



Circle of Grace Curriculum Overview

www.DovesNest.net

Goal:

The goal of the *Circle of Grace* curriculum is to educate and empower children and young people to actively participate in a safe environment for themselves and others.

Curriculum objectives: Children/young people will be able to...

1. Understand they are created by God and live in God's love along with the love of Jesus and the Holy Spirit.
2. Describe the *Circle of Grace* which God gives each of us.
3. Identify and maintain appropriate physical, emotional, spiritual, and sexual boundaries.
4. Identify all types of boundary violations.
5. Demonstrate how to take action if any boundary is threatened or violated.

Grade Level	Comprehensive or Focus*	# of lessons	Concepts Covered	Exercises/Activities
Kindergarten	Comprehensive	3	What is the <i>Circle of Grace</i> ?	Happy/sad face chart/coloring page
Grade 1	Comprehensive	3	The stoplight: Feelings, touch, and secrets	<i>Circle of Grace</i> coloring page
Grade 2	Comprehensive	3	Safety plan	The <i>Circle of Grace</i> card game Safety plan
Grade 3	Comprehensive	3	What is the <i>Circle of Grace</i> ? The stoplight: Feelings, touch, and secrets Boundaries and limits to our safety plan Safety plan	Gift box What belongs in my <i>Circle of Grace</i> ? Role play a safety plan
Grade 4	Focus	1	Internet/smart phone/social media safety: Appropriate behaviors, boundaries, a safety plan, safe and unsafe secrets	Constructive/destructive uses for the Internet Telephone game Internet Smart worksheet
Grade 5	Focus	1	Understand the influence of the media	Positive and negative influences of the media "Ten Commandments"
Grade 6	Comprehensive	4	Safe/healthy relationships Boundaries Safety PLAAN: When something doesn't fit	Jigsaw puzzle Actions, words, and feelings Protecting boundaries scenarios Safety PLAAN (Protect, Listen, Ask, Act, Notify)
Grade 7	Focus	1	Understand respect and disrespect Understand bullying/cyber-bullying	Bullying/Anti-Bullying scenarios Code of Conduct Safety PLAAN (Protect, Listen, Ask, Act, Notify)
Grade 8	Focus	1	Identify values that respect moral decisions	Ten Commandment worksheet Vocabulary match worksheet

Grade Level	Comprehensive or Focus*	# of lessons	Concepts Covered	Exercises/Activities
Grade 9	Comprehensive	4	Recognize your <i>Circle of Grace</i> in the context of history and community Boundaries and safe relationships Steps to take when boundaries are threatened or violated	Creating our own <i>Circle of Grace</i> logo Activities: What does God want of me? Boundaries Discussions: Learning from others, Guidelines for protecting boundaries Mary and Joseph handout Boundary scenarios Safety PLAAN (Protect, Listen, Ask, Act, Notify)
Grade 10	Focus	1	Recognize and respond to boundary violations Levels of Intimacy/Influence	Activities: External and internal boundaries, "Step Right or Step Out!" (intimacy/influences)
Grade 11	Focus	1	Boundaries Identify and respond to emotional grooming	Boundary questionnaire Activities: "N.O.T.I.C.E." When Boundaries have Gone Wrong, Recognizing grooming tactics, "Name That Trait", Develop an Action plan
Grade 12	Focus	1	God's plan for me, including sexuality Dignity as humans Real love vs. counterfeit love	"Theology of the Body" principles Discussion: Boundary violations Activity: How healthy are your relationships?

*Comprehensive: Objectives are taught in great detail. Focus: Objectives are summarized and applied to an issue.

**High School Alternate Lessons Include: "*Circle of Grace* Again, Really?"/"A.C.T.I.O.N. Steps Needed When Concerns Won't Go Away"/"Modesty: a Thing of the Past or Not?"/"What is Your Motto?"/"Tech Savvy or Tech Safe"

The Circle of Grace Meditation

Raising your hands above your head
and then bring your arms slowly down
keeping them outstretched.
Extending your arms in front of you
and then behind you
embracing all of the space around you
knowing that **God** is in this space with you.
Then slowly reach down to your feet.
This is your *Circle of Grace*.
You are in it.